THE CHRISTIAN PARENTING HANDBOOK





The Christian Parenting Handbook:

50 Heart-Based Strategies for All the Stages of Your Child's Life

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Center for Biblical Parenting
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Author interviews, articles, excerpts, and images are available.

Highlights to Consider:

- Authors offer biblical, practical ideas in an easy-to-apply format.
- Features heart-based strategies for deeper, long-term change.
- Aids parents in creating a biblical philosophy of parenting that's tailored for their family
- Teach parents not to move too quickly to consequences, but use other strategies instead.
- Establishes a plan that can be adapted to the changes that happen in a child's/family's life

BIBLICAL PARENTING IN TODAY'S WORLD Founders of the National Center for Biblical Parenting offer Handbook of Heart-Based and Grace-Filled Strategies for Parents

(Nashville, Tenn.) – In **The Christian Parenting Handbook**, (Thomas Nelson, Inc.) authors **Dr. Scott Turansky and Joanne Miller, RN, BSN, founders of the National Center for Biblical Parenting**, take decades of practical experience and turn it into wisdom that every parent can use. This book is for parents, grandparents, and leaders of children 0-18 years of age, with 50 parenting principles presented in an easy-to-apply format to guide the reader along the parenting journey.

Turansky and Miller have teamed up to offer guidance in a book that emphasizes a heart-based approach, freeing and empowering parents rather than leaving them feeling guilt-ridden. Moms and dads will learn how to use practical strategies other than mere consequences to train children toward maturity and godly character.

"Parents need all the ideas they can find. Each child is unique, and the same tools don't work with every one, or every time as children continue to develop and change. But more importantly is the need to know how best to implement the ideas you have," notes Turansky and Miller. "We're going to help you do that."

Equipped with a host of effective strategies, parents will be able to move from behavior modification to a heart-based approach to parenting. Instead of relying on rewards, incentives, threats, and punishment, readers will learn how to focus on positive character development.

Using this comprehensive and practical resource, parents will learn the difference between tasks, problems, and conflict, teach kids to be solvers instead of whiners, transfer responsibility for change to the child, and use creativity to teach kids spiritual truths.

Ultimately, **The Christian Parenting Handbook** is designed to help parents develop a biblical framework that will enable them to sift through the barrage of parenting advice available today. This guide allows moms and dads to create customized strategies that meet their individualized goals and needs. By weaving together God's Word with practical applications, Turansky and Miller equip readers to focus on life-changing patterns that will make an everlasting difference in their own lives and the lives of their children.

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High resolution photos available upon request.

About the Authors

Together **Dr. Scott Turansky** and **Joanne Miller, RN, BSN** are the founders of the National Center for Biblical Parenting. Their heart-based approach to parenting is revolutionizing families. Instead of relying on simple behavior modification, they provide best practice tools that have greater effectiveness for lasting change. They are the authors and editors of numerous parent training curriculum and children's programs designed to strengthen families. Turansky and Miller are also the creators of Biblical Parenting University, providing parents with easy access to parent training through online courses. They work with the 4/14 Window Movement to help parents around the world pass the faith on to their kids and mobilize churches to equip them.

Dr. Scott Turansky has been a pastor and missionary for more than 33 years and is the coauthor of eleven parenting books. He is married to Carrie and they have five children and three grandchildren. In addition to pastoring full time, Scott also conducts parenting seminars each week around the United States.

Joanne Miller, RN, BSN is married to Ed and they have two sons. She is a pediatric nurse with over 26 years of experience and is the coauthor of eleven parenting books.

Dr. Turansky and Joanne Miller teach live events to parents and church leaders using an engaging, inspiring, and relational teaching style. They are available for blog interviews, podcasts, radio interviews, and speaking events. They are energizing and passionate about helping parents. You'll love their practical approach.

Find them online at:

- · christianparentinghandbook.com
- · biblicalparenting.org
- · biblicalparenting.info
- biblicalparentinguniversity.com
- TakeTheFamilyChallenge.com

Endorsements (See more at ChristianParentingHandbook.com)

"Insightful, Practical, Encouraging and, as always, focused on reaching a child's heart rather than merely changing behavior. An "aha" book that provides real life help—help for evervday situations. Parents will keep this Handbook handy!"

- Karl Bastian, the Kidologist, founder and president of Kidology.org

"A must read for all parents no matter what faith or stage of life. This book is chocked full of practical strategies you can implement today! Having four teenagers, our house can feel quite chaotic. We are starting with the golden nuggets in chapter 15 right away."

— Eric and Jennifer Garcia, Association of Marriage & Family Ministries

"Each chapter of this book provides a treasure chest of riches as the authors unpack God's wisdom. First, Scott and Joanne explain why families benefit when they implement biblical principles. They also introduce fifty principles that tell parents what to do. Finally, they suggest intensely practical ways how dads and moms can implement each one. Readers will mine nuggets of silver and gold on every page. I did!"

- Mark Steiner, president, DiscipleLand.com

"The mission of parenting can be confusing and overwhelming. As Christians, we are not just looking for our children to act properly—we want to see them love and honor God with all their hearts! But what do we do, day in and day out, to shape the hearts of our children? The Bible has the answers! Whether you have toddlers or teens, the Bible-driven principles in this book have the power to change your family, for generations to come!"

- Dr. Rob Rienow, Visionary Family, Visionaryfam.com